

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS**HOSPITALITY CLUB****2021-2022**

S.NO	DATE	ACTIVITY	RESOURCE PERSON
1.	06/07/2021 & 07/07/2021 2.30 to 4.00 pm (Google Meet)	Training session on “operational aspects of commercial food industries”	Mr. Prasad P.Prabhu, Learning & Development Manager, Vivanta Taj, Panaji Goa, Indian Hotel Company Limited.
2.	Competition announced on 29.07.2021 Date closed on 05.08.2021 Result announced on 16.08.2021	Inter collegiate E Poster Designing Competition	Judge 1.Ms.S. Agalya, Assistant Professor, Department of Food Service Management and Dietetics, Cauvery College for Women (Autonomous), Trichy-620 018 2. Ms.E. Agalya, Assistant Professor, Department of Food Service Management and Dietetics, Cauvery College for Women (Autonomous), Trichy-620 018
3.	05/08/2021 02.00 to 03.00 pm (Google Meet)	Webinar on “Prenatal & Postnatal Care: An Investment for a lifetime”	Dr.P.Janci rani, Assistant Professor (SG), Department of Sciences, Amrita School of Engineering, Amrita Vishwa Vidyapeetham, Amrita Nagar (PO), Ettimadai, Coimbatore, 641 112.
4.	14.08.2021 10.30 am to 11.30 am (Microsoft Teams)	International Webinar on “DNA Based Diets: A Future towards Professional Nutrition	Dr.S.Vimal Karani, Professor in Nutrigenetics & Nutrigenomics, Deputy Director of Institute of Food, Nutrition and Health (IFNH), Hugh Sinclair Unit of Human Nutrition, University of Reading, United Kingdom.
5.	30.08.2021 02.00 pm to 03.00 pm (Google Meet)	Webinar on “Nutritional Perspectives in Diabetes Mellitus”	Dr.N.Preetha, Assistant Professor, Department of Clinical Nutrition, Sri Ramachandra Institute of Higher Education and Research, (Category – I Deemed to be University), Porur, Chennai – 600 116.

6	13.11.2021 01.30 pm to 02.30 pm (Google Meet)	“Functional Foods and Nutraceuticals- A Holistic Approach To Combat Diabetes Mellitus”	Dr. PA. Raajeswari, Associate Professor, Department of Food Science and Nutrition, School of Home Science, Avinashilingam Institute for Home Science and Higher Education for women, Coimbatore.
7.	17.11.2021 03.30 pm to 05.30 pm (Microsoft Teams)	Virtual Session on “Nutrigenomics” (For the course Biochemical Changes in Diseases)	Dr. S. Vimal Karani, Professor in Nutrigenetics and Nutrigenomics, Deputy, Director of Institute of Food, Nutrition & Health (IFNH), Hugh Sinclair Unit of Human Nutrition, University of Reading, UK.

Activity I

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

Annamalai Nagar, Tiruchirappalli-620018

Nationally Accredited (III Cycle) with 'A' Grade by NAAC

ISO 9001:2015

**Department of Food Service Management and Dietetics
&
Hospitality Club**

Cordially invites you to a

Training Session on “Operational Aspects of Commercial Food Industries”

06.07.2021 & 07.07.2021

@ 2.30-04.00pm

Resource Person

Mr. Prasad P. Prabhu

Learning and Development Manager

Vivanta Taj

Panaji , Goa

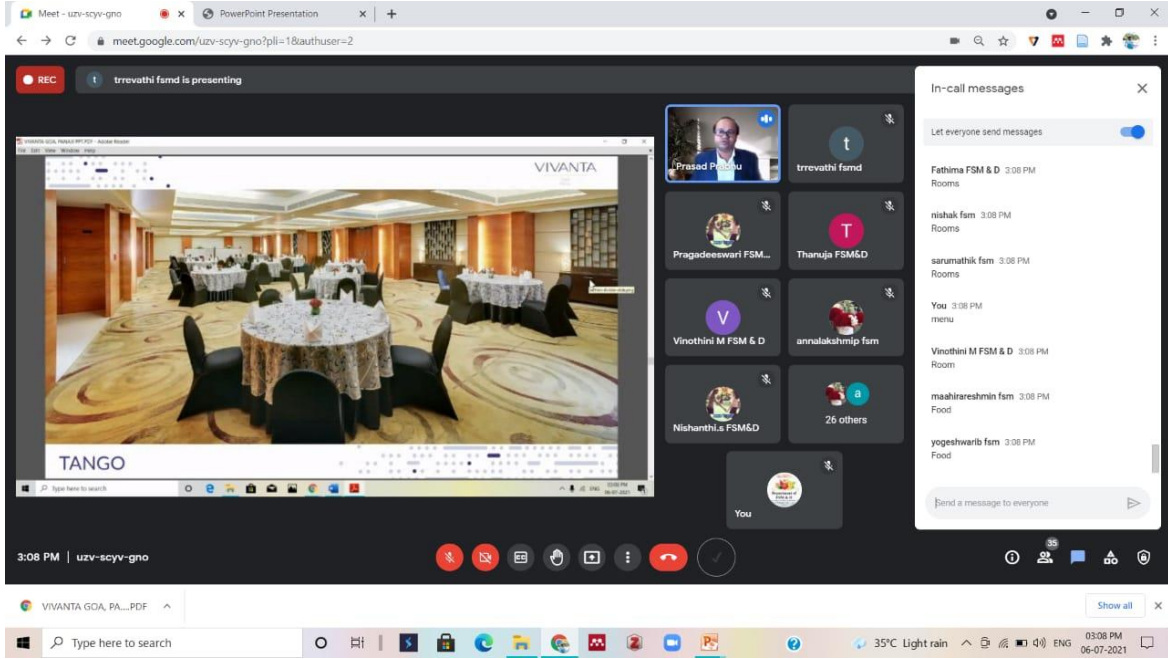
(Indian Hotel Company Limited)



Google Meet

<https://meet.google.com/uzv-scyv-gno>

Screenshots



Report

The Department of Food Service Management and Dietetics organized Club Activity on 06.07.2021 & 07.07.2021 at 2.30 -4.00 pm. The topic of the session on &Operational Aspects in Commercial Food Industries”. The resources person of the session was Mr. Prasad P.Prabhu, Learning &Development Manager, Vivanta Taj, Panaji Goa, Indian Hotel Company Limited. The participants of the session was II Year Post Graduate Students (II M.Sc FSM&D); Faculty members of Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy-18 with 40 total number participants. Discussions of the session was purchasing, storage, portion control, effective ulitilization of leftovers, different kind of cuisines, laying of table, bedding, room services, housekeeping etc.. The session was very interactive and useful for the participants.

Activity 2

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

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Department of Food Service Management and Dietetics
&

Hospitality Club

World Breastfeeding Week

(Aug 1-7)

Invite entries for



E-Poster Designing Competition

**Theme: "Protect Breastfeeding - A Shared
Responsibility"**

Instructions

- E-Poster size format (width x height): 30cms x 45cms.
- File Size: Maximum 4 MB (Megabytes).
- File Format: PDF.
- Only one entry per participant is accepted.
- Mention Name of the participant, programme/course and institution name to be mentioned in the top right side corner of the poster.
- Only English language is permitted.
- E-Poster will be judged based on originality, content, creativity, presentation and relevance to the theme.
- Submission Link: <https://forms.gle/LrhnHVcYuyFQVT5S6>
- E-Poster should be submitted in the above Google form link, on or before 05.08.2021.
- E-certificate will be provided for the prize winners and participants.

Report

Theme -Protect Breastfeeding : A Shared Responsibility

Date of announcement : 29.07.2021 (9:00 AM)

Date of closing : 05.08.2021 (6:00 PM)

Total no. of Participant : 62 participants from Tamilnadu, Telungana, Uttarpradesh, Karnataka, Kerala and Jharkhand.

Nature of Participant : Students, Dietitians, Research Scholars and Faculty

Activity 3

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

NATIONALLY ACCREDITED (III CYCLE) WITH "A" GRADE BY NAAC
ISO 9001:2015
ANNAMALAI NAGAR, TRICHY - 18

**DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
& HOSPITALITY CLUB**

ORGANIZES A WEBINAR ON

PRE NATAL & POST NATAL CARE: "An Investment for a Lifetime"

RESOURCE PERSON:

Dr. P.R. Janci Rani,
Assistant Professor. (SG),
Department of Sciences,
Amirta School of Engineering,
Amirta Vishwa Vidyapeetham,
Amirta Nagar (PO),
Ettimadai,
Coimbatore - 641 112



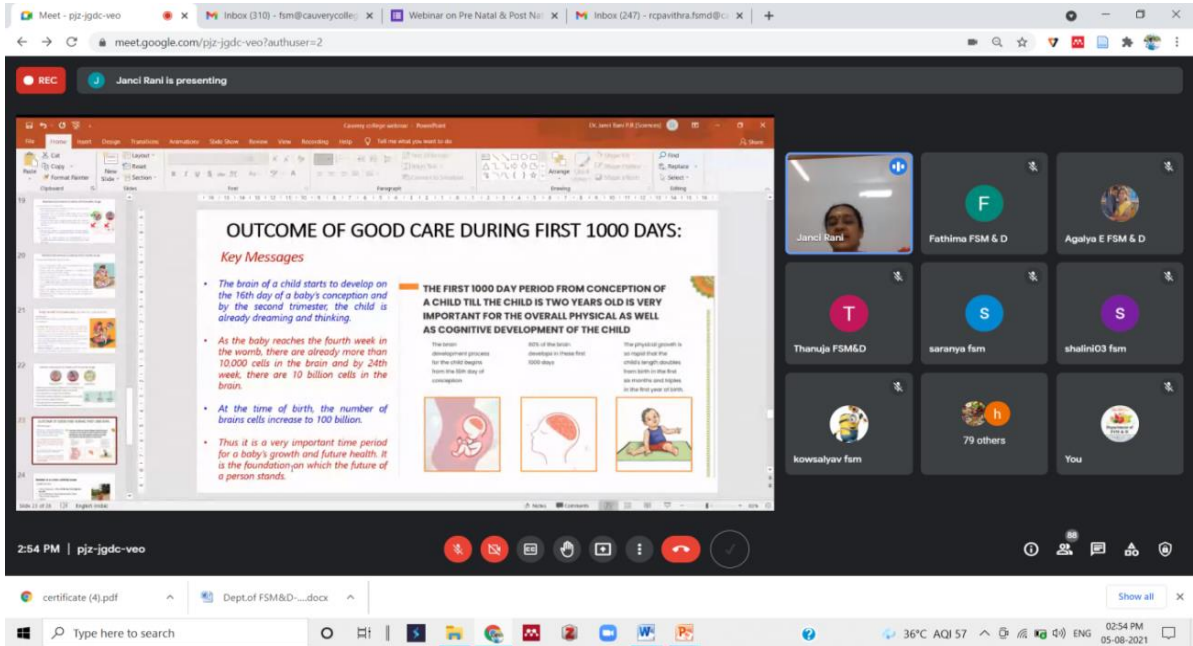
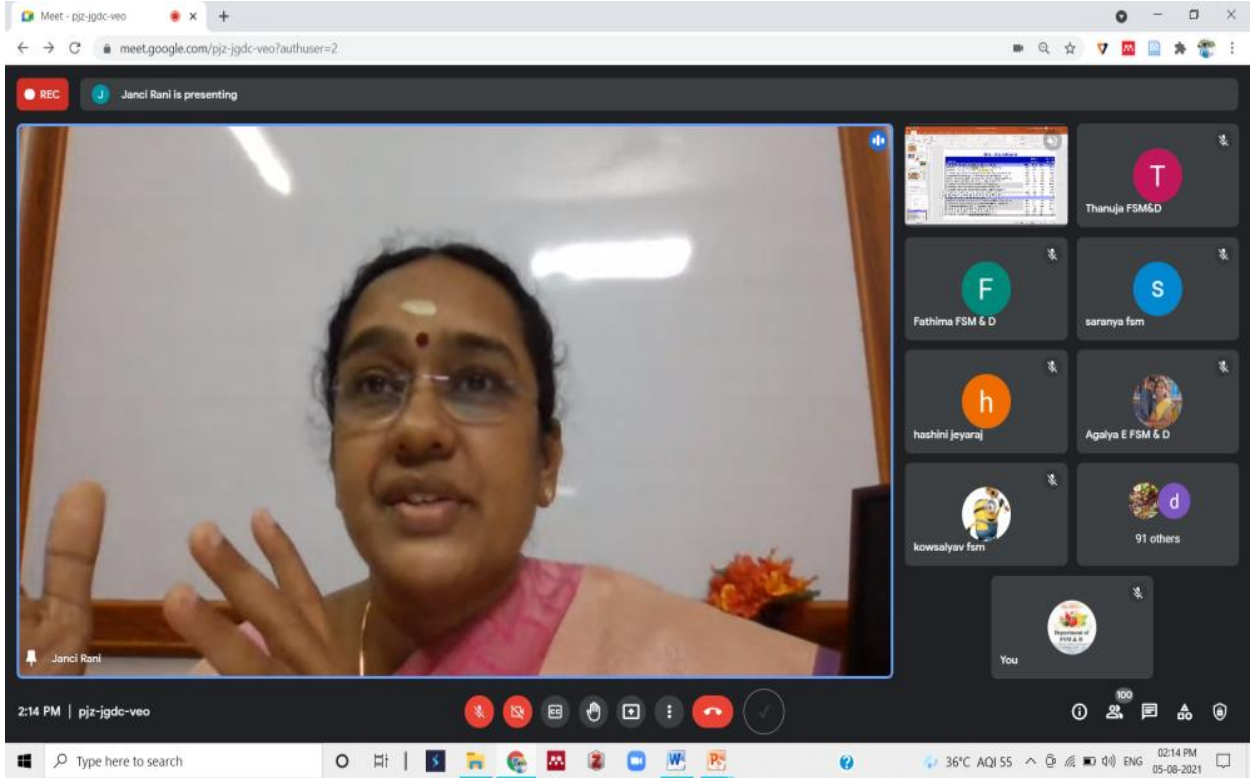
**05 Aug, 2021
2:00 to 3:00PM**



**Google Meet Link:
<https://meet.google.com/pjz-jgdc-veo>**

**WORLD
BREASTFEEDING
WEEK
(AUGUST 1-7)**

Screenshots



Report

The Department of Food Service Management and Dietetics in association with Hospitality club organized a webinar on “PRE NATAL & POST NATAL CARE: AN INVESTMENT FOR A LIFETIME” to celebrate World Breastfeeding week on 05/08/2021 at 2.00pm to create an awareness on the Importance and Need of Pre and Post Natal Care. Dr.P.R.Janci Rani, Assistant Professor, Department of Sciences, Amirta School of Engineering, Amirta Vishwa Vidyapeetham, Coimbatore was the resource person of the webinar. The webinar was conducted in Google Meet platform. The program was attended by the faculties and students of Department of Food Service Management and Dietetics (All UG and PG students) counting 100 participants in total. The Welcome address was delivered by Ms. B.Thanuja Head, Assistant Professor, Department of Food Service Management and Dietetics. The welcome address was followed by the Chief guest introduction which was given by Ms. S.Fathima, Assistant Professor, Department of Food Service Management and Dietetics. The session was bifurcated into two sessions. In the primary session, the resource person indoctrinated the participants contemplating on the need and importance of Pre and Post Natal care, enlightening on the nutrient requirements during different stages of infants, pregnancy and lactating mothers. After the core session, the Question & Answer session followed. The resource person incisively clarified all the queries with relevant answers. During the interactive session, participants gained ample knowledge regarding the importance of Pre Natal and Post Natal care elaborately. The Vote of Thanks was delivered by Ms. E.Agalya, Assistant Professor, Department of Food Service Management and Dietetics. The session ended at 3.00 pm.

Activity 4

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

NATIONALLY ACCREDITED (III CYCLE) WITH "A" GRADE BY NAAC
ISO 9001:2015
ANNAMALAI NAGAR, TRICHY - 18

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

ORGANIZES
AN INTERNATIONAL WEBINAR ON

**"DNA - BASED DIETS:
A FUTURE TOWARDS PERSONALISED NUTRITION"**

Dr.S.Vimal Karani,

Professor in Nutrigenetics &
Nutrigenomics,
Deputy Director of Institute of Food,
Nutrition & Health (IFNH)
Hugh Sinclair Unit of Human
Nutrition,
University of Reading, UK



REGISTER NOW

Registration link: <https://forms.gle/zDAgkWbKS6eCvxogZ>

DATE - 14 Aug 2021 | TIME - 10:30 to 11:30 AM IST |  Microsoft Teams

**E-CERTIFICATE WILL BE PROVIDED TO THE PARTICIPANTS ON COMPLETION
OF FEEDBACK.**

Screenshots

Human Nutrition
IFNH
Institute for Food Nutrition & Health

University of Reading

DNA-based diets

- A Future towards Personalized Nutrition

of Vimal Karani S
Nutrigenetics & Nutrigenomics,
Sinclair Unit of Human Nutrition,
University of Reading, UK

01:49:46

Request control

Yash Mehta

Causer College for Women

gust 2021)

+315 MD T RS VS R MV AB SS FF A AE S RS R AF SF R

Recording has started. This meeting is being recorded. By joining, you are giving consent for this meeting to be recorded. [Privacy policy](#)

Dismiss

Circulating adiponectin mediates the link between gene risk and cardiometabolic health in Asian Indians

University of Reading

Genetic risk → **Cardiometabolic diseases**

Association seen after adjusting for age, sex, BMI and WC ($P=0.03$)

No Association after adjusting for age, sex, BMI, WC and **adiponectin** ($P=0.79$)

$(P=1.90 \times 10^{-47})$

Circulating adiponectin concentrations

$(P=7.47 \times 10^{-10})$

Serum adiponectin concentrations (µg/mL)

$P=1.90 \times 10^{-47}$

Genetic Risk Group	N	Serum Adiponectin Concentration (µg/mL)
High genetic risk	265	~3.8
Low genetic risk	939	~7.8

High genetic risk (N=265) **Low genetic risk (N=939)**

PloS One 2021

Vimal Karani

01:09:42

Request control

+298 A AE R S RS AF TT

Rubina (Guest) Supha (Guest) Pava Sundar (Guest) Thanga Thanga (G...

Meeting chat

- temporarily joined the chat.
- E19FM027 Oviya Nilaa AM K (Guest) has temporarily joined the chat.
- Afreen Khongrymial (Guest) has temporarily joined the chat.
- Manjupriya Ramesh (Guest) has temporarily joined the chat.
- E19FM027 Oviya Nilaa AM K (Guest) has temporarily joined the chat.
- E19FM001 aishwarya s (Guest) has temporarily joined the chat.
- e19FM009 DIVYA BHARATHI (Guest) has temporarily joined the chat.
- E19FM011 Gayathri Thiagarajan (Guest) has temporarily joined the chat.
- E19FM019 Karthika. M (Guest) has temporarily joined the chat.
- e19FM038 shalaja (Guest) has temporarily joined the chat.
- INDIRA S H (Guest) has temporarily joined the chat.
- Subaltha Begum (Guest) has temporarily joined the chat.
- Jayashree FSM (Guest) has temporarily joined the chat.
- Hafshana Thahsin (Guest) has temporarily joined the chat.
- Subaltha Begum (Guest) no longer has access to the chat.
- Jayashree FSM (Guest) no longer has access to the chat.
- Valliammai (Guest) has temporarily joined the chat.
- Subaltha Begum (Guest) has temporarily joined the chat.
- E19FM008 divya ramesh (Guest) has temporarily joined the chat.
- deepika (Guest) has temporarily joined the chat.
- Pradhanshini (Guest) has temporarily joined the chat.
- Nabisha A (Guest) has temporarily joined the chat.

Type a new message

Report

The Department of Food Service Management and Dietetics organized an International webinar on “**DNA- BASED DIETS: A FUTURE TOWARDS PERSONALIZED NUTRITION**” in an attempt to get upgraded with the recent advancements in the field of Nutrigenetics and Nutrigenomics. The Resource person **Dr. S. Vimal Karani**, Professor in Nutrigenetics and Nutrigenomics, Deputy Director of Institute of Food, Nutrition & Health (IFNH), Hugh Sinclair Unit of Human Nutrition, University of Reading, UK, presented and discussed on how personalised nutrition based on DNA will be the future and how AI could help with the precision in planning DNA based diets. The program was conducted on Microsoft teams platform. The program started at 10:30 AM and was attended by students, academicians and professionals from Cauvery College for women (Autonomous), Trichy and various other institutions all over the world, counting 320 participants in total. During the session, participants gained ample knowledge regarding the current evolution in the field of nutrition. Various questions were answered by the resource person at the end of the session. The session ended at 12.00 PM.

Activity 5

Report



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

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ISO 9001:2015
ANNAMALAI NAGAR, TRICHY - 18

**DEPARTMENT OF FOOD SERVICE MANAGEMENT AND
DIETETICS & HOSPITALITY CLUB**

ORGANIZES A WEBINAR ON

"NUTRITIONAL PERSPECTIVES IN DIABETES MELLITUS"

Resource Person:

DR. N. PREETHA,

M.Sc., M.Phil., SET., Ph.D

Assistant Professor

Department of Clinical Nutrition

Sri Ramachandra Institute of Higher

Education and Research

(Category- I Deemed to be University)

Porur, Chennai 600116



**ALUMNA
(BATCH 2002-2004)
M.Sc., FSM & D**



**30 Aug, 2021
2:00 to 3:00PM**

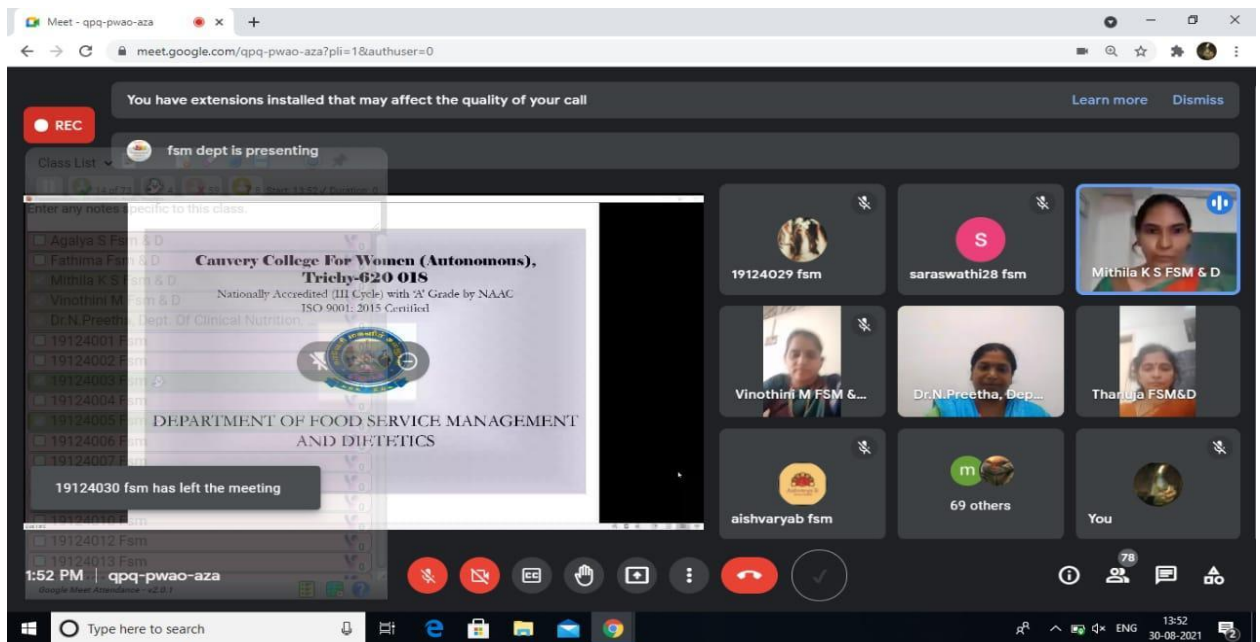
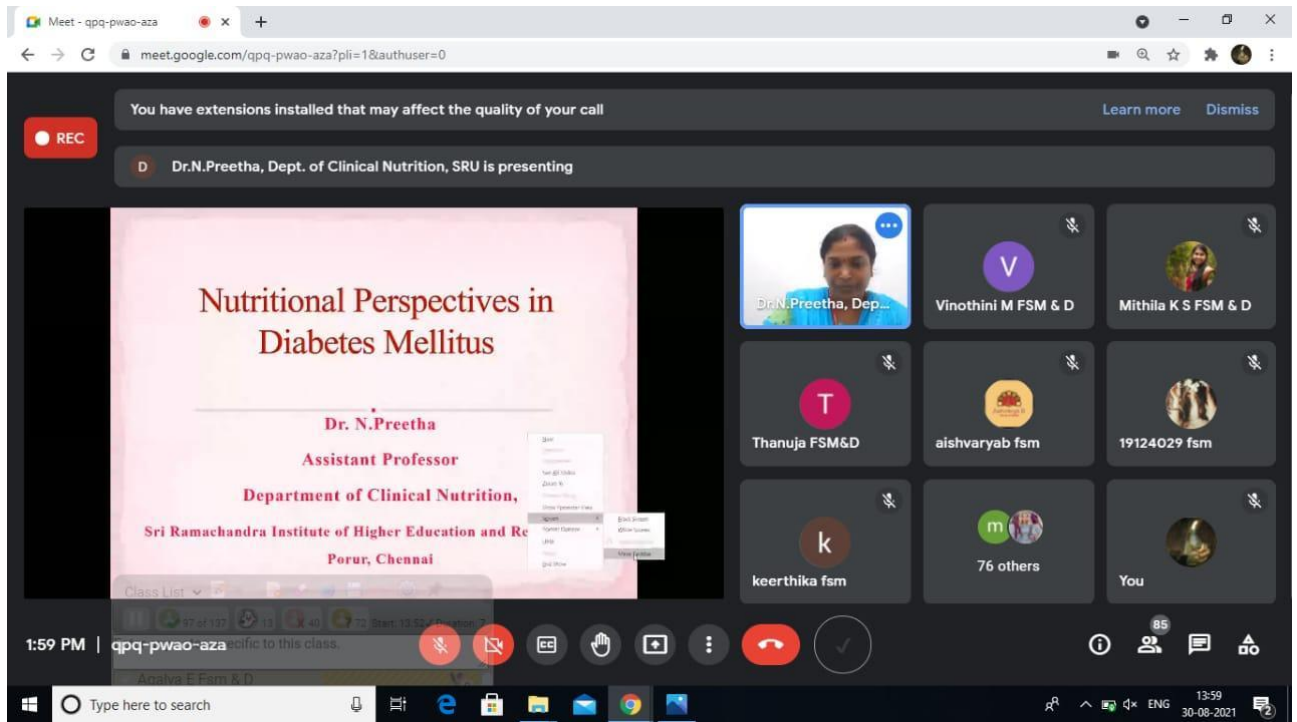


Google Meet Link:

<https://meet.google.com/qqq-pwao-aza>



Screenshots



Report

The Department of Food Service Management and Dietetics & Hospitality Club organized an International webinar on “**NUTRITIONAL PERSPECTIVES IN DIABETES MELLITUS**” in an attempt to get upgraded with the current trends and recent advancements in Diabetes Mellitus. The Resource person **Dr. N. Preetha, M.Sc, M.Phil, PhD, Assistant Professor, Department of Clinical Nutrition, Sri Ramachandra Faculty of Allied Health Sciences, Sri Ramachandra Institute of Higher Education and Research (DU)**, presented and discussed about diabetes mellitus from the scratch covering the Overview, Etiology, Symptoms, Epidemiology and Management of the Lifestyle disorder- Diabetes Mellitus. The program was conducted on Google Meet platform. The program started at 2:00 PM and was attended by students, academicians and professionals from Cauvery College for women (Autonomous), Trichy counting 91 participants in total. During the session, participants gained ample knowledge regarding the current evolution in the field of nutrition. Various questions were answered by the resource person at the end of the session. The session ended at 3.00 PM.

Activity 6

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
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DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS & HOSPITALITY CLUB
ORGANIZES A WEBINAR ON

**FUNCTIONAL FOODS AND NUTRACEUTICALS -
A HOLISTIC APPROACH TO COMBAT DIABETES MELLITUS**

WORLD DIABETES DAY

November 14


RESOURCE PERSON:



Dr. P.A. Raajeswari,
Assistant Professor. (SG),
Department of Food Science and
Nutrition,
School of Home Science,
Avinashilingam Institute of Home
Science and Higher Education for
Women,
Coimbatore

Join us for the webinar

NOV 13, 2021 • 1:30 PM TO 2:30 PM

 **GOOGLE MEET**

Screenshots

The screenshot shows a Google Meet window with a presentation slide titled "Predisposing factors for Diabetes". The slide is divided into two sections: "Type 1 Diabetes: Insufficient Insulin" and "Type 2 Diabetes: Insulin Resistance". The Type 1 section includes a diagram of a pancreas with arrows indicating insufficient insulin production and text stating it is associated with increased intakes of carbohydrates, obesity or overweight, stress and lack of physical activity, and develops in childhood or adolescence. The Type 2 section includes a diagram of a pancreas with arrows indicating insulin resistance and text stating it develops in childhood or adolescence and is immune mediated and requires mostly insulin administration. The Meet interface shows a grid of participants, with Raajeswari FSN as the presenter. The time is 1:39 PM on 13-11-2021.

The Windows taskbar shows the active window "Activity 13.11.21.pptx". The system tray on the right indicates the time is 01:39 PM on 13-11-2021.

The screenshot shows a Google Meet window with a presentation slide titled "Food As..... Medicine". The slide contains two paragraphs: "Nearly two thirds of the world's 6.1 billion people rely on the healing power of plant based materials for many reasons availability, affordability, safety or their belief in traditional affordability, or belief in traditional cures." and "Medical benefits of food have been explored for thousands of years Modern nutraceutical industry began to develop during the 1980s." The Meet interface shows a grid of participants, with Raajeswari FSN as the presenter. The time is 1:35 PM on 13-11-2021.

The screenshot shows a Google Meet window with a presentation slide titled "Food As..... Medicine". The slide contains two paragraphs: "Nearly two thirds of the world's 6.1 billion people rely on the healing power of plant based materials for many reasons availability, affordability, safety or their belief in traditional affordability, or belief in traditional cures." and "Medical benefits of food have been explored for thousands of years Modern nutraceutical industry began to develop during the 1980s." The Meet interface shows a grid of participants, with Raajeswari FSN as the presenter. The time is 1:35 PM on 13-11-2021.

The Windows taskbar shows the active window "Activity 13.11.21.pptx". The system tray on the right indicates the time is 01:35 PM on 13-11-2021.

Report

The Department of Food Service Management and Dietetics & Hospitality Club organized a webinar on “FUNCTIONAL FOODS AND NUTRACEUTICALS- A HOLISTIC APPROACH TO COMBAT DIABETES MELLITUS” to commemorate the World Diabetes Day. The Resource person **Dr. PA. Raajeswari, Associate Professor, Department of Food Science and Nutrition, School of Home Science, Avinashilingam Institute for Home Science and Higher Education for women, Coimbatore**, presented and discussed about various functional foods, their efficacy to combat diabetes mellitus and Management of the Lifestyle disorder- Diabetes Mellitus. The program was conducted on Google Meet platform. The program started at 1:30 PM and was attended by students, academicians and professionals from Cauvery College for women (Autonomous), Trichy counting around 90 participants in total. During the session, participants gained ample knowledge regarding the current evolution in the field of nutrition. Various questions were answered by the resource person at the end of the session. The session ended at 2:30 PM.

Activity 7

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
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ANNAMALAI NAGAR, TRICHY - 620 018

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

VIRTUAL SESSION ON NUTRIGENOMICS

Resource person

Dr.S.Vimal Karani,

Professor in Nutrigenetics &
Nutrigenomics,
Deputy Director of Institute of Food,
Nutrition & Health (IFNH)
Hugh Sinclair Unit of Human Nutrition,
University of Reading, UK



Program: Food Service Management & Dietetics
Semester - I

Class - I M.Sc., Food Service Management & Dietetics
Core Course – Biochemical Changes in Diseases

Course Code - 19PFS1CC3

Topic -Unit II (b) - Nutrigenomics

Batch - 2021 to 2023

Date - 17/11/2021

Time -3.30 to 5.30 pm (IST)

Mode - Microsoft Teams



Screenshots

Gut Microbial interactions

University of Reading

Diet, Xenobiotics, Gut microbiota, Episome, Physical activity, Brain stimulation, Lifestyle, DNA (Genomics), RNA (Transcriptomics), Proteins (Proteomics), Metabolites (Metabonomics), Physiological homeostasis

Vimal et al, Curr Opin Food Sci. 2015

Meeting controls: +20, SF, S, SF, NC, KA, TF, A, DS, GL

Nutrigenetics & Nutrigenomics

Human Nutrition, IFNH Institute for Food Nutrition & Health, University of Reading

Cauvery College for Women, Department of Food Service Management & Dietetics, Trichy India (Nov' 16th, 2021)

Prof Vimal Karani S
Professor in Nutrigenetics & Nutrigenomics,
Deputy Director of Institute of Food, Nutrition & Health (IFNH)
High Sinclair Unit of Human Nutrition,
University of Reading, UK

Meeting controls: +26, AT, NC, MF, FF, TF

People

- RT Revathi TR (Guest)
- AT A. Tamizha (Guest)
- A ABIKAYSAVEEV.L. (Guest)
- AE Agalya E. Elavarasan
- DS Devi Bala. S (Guest)
- DR DIVYASRI R (Guest)
- FF fsm fsm Organizer
- GL GAYATHRI L (Guest)
- G gayathri.k (Guest)
- G GEETHA.M (Guest)
- I ISWARYA A (Guest)

Report

The Department of Food Service Management and Dietetics organized a virtual session on 'Nutrigenomics' in an attempt to enrich the knowledge of the students on the same. The Resource person **Dr. S. Vimal Karani**, Professor in Nutrigenetics and Nutrigenomics, Deputy Director of Institute of Food, Nutrition & Health (IFNH), Hugh Sinclair Unit of Human Nutrition, University of Reading, UK, presented and discussed on how personalised nutrition based on DNA will be the future and how AI could help with the precision in planning DNA based diets. This session was done as a part of curriculum enrichment for the students of I M.Sc Food Service Management & Dietetics for the core course Biochemical Changes in Diseases (19PFS1CC3) under unit II.b) Nutrigenomics. The program was conducted on Microsoft team's platform. The program started at 3:30 PM and was attended by the students of I M.Sc Food Service Management and Dietetics and the faculties of the Department of Food Service Management and Dietetics, Cauvery College for Women (Autonomous), Trichy. During the session, participants engaged in a productive discussion on the topic and gained ample knowledge regarding the current evolution in the field of nutrition. The session was very interactive. Various questions were answered by the resource person at the end of the session. The session ended at 5.30 PM.